



## Sip, Shop, Spa-aaaah at Blythswood Square

Blythswood Square, winner of the AA Hotel of the year Scotland has made shopping a truly indulgent experience with their new **Sip, Shop Spa....aaah Package** whether you are in need of the perfect Christmas gift or plan to pick up a bargain in the

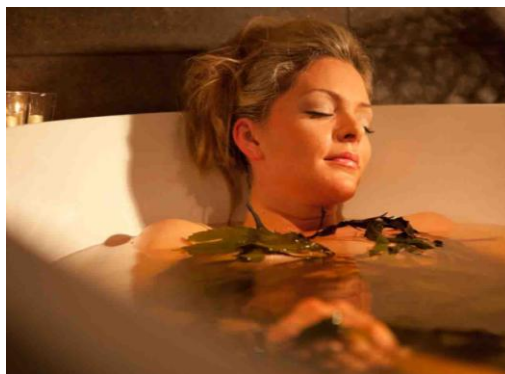
January sales – Glasgow ranks second only to London for its choice of designer retailers, high street stores and shopping malls! Not to mention its selection of distinctive boutiques and the city also has a growing vintage scene.

Arrive and enjoy a cocktail in the hotel's vibrant and social cocktail bar. Wake up to a delicious full Scottish breakfast then shop till you drop and return to experience a luxurious **ila Seaweed Foot Massage**, designed to leave tired feet transformed and re-energised. In the evening enjoy a delicious three course dinner from the Market Menu. Spend the following day reflecting on your purchases whilst you relax in the stylish award winning five star spa or spend the day exploring the city.

The Spa at Blythswood Square, incorporates a thermal experience - a series of rooms designed to transport your body on a wet and dry, warm and cold temperature journey which can help to strengthen the immune system, improve blood circulation, enhance the detoxification processes, and reduce tension; two relaxation pools; 9 luxury treatments rooms; a relaxing lounge and a café which offers an array of beautifully presented tapas dishes created by the hotel's Executive Chef.

The Spa is also home to Scotland's first Seaweed Bath - the ultimate detoxifying experience complete with organic seaweed sourced direct from the Hebrides.

The Spa's full treatment menu includes a wide choice of face and body treatments using luxury skincare lines plus some wonderful holistic therapies such as the signature Turus experiences which take you on an unforgettable wellness journey using Scotland's purest natural ingredients.



Blythswood Square is situated in the heart of Glasgow on one of the city's green squares.

For immediate release: November 2011

For a truly enjoyable Shopping spree the 'Sip, Shop, Spa' package is the perfect solution it includes:

**Sip, Shop, Spa..aaah Package:**

2 night's luxury accommodation

Full Scottish breakfast each morning

Three course dinner from the Market Menu

One Cocktail

Ila Luxurious Seaweed Foot Experience

Access to The Spa and the Thermal Experience

Priced from £275 per person based on 2 people sharing a Classic room for 2 nights.

For further information visit [www.blythswood square.com](http://www.blythswood square.com)

or telephone 0141 248 8888.

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