



July 2010

Glasgow's First Luxury Spa Opens Its Doors 1st September 2010

Glasgow's long awaited first luxury spa offering indigenous Scottish treatments will open in September. The Spa at the new five star Blythswood Square Hotel has been created to reflect the glamorous sophisticated style of the hotel and the vibrant and sociable personality of its home city!

The Spa covers 10,000 square feet and houses a number of exclusive features including the Blythswood Thermal Experience – a seven stage journey of alternating temperature experiences to soothe, relax and detoxify the body prior to spa treatments or as a restorative therapy and the UK's first indigenous Scottish treatments designed in conjunction with luxury organic skincare house, ila.

The Spa also features Scotland's first Seaweed Bath complete with organic seaweed sourced direct from the Hebrides and a decadent Dark Pool where guests can relax in warm waters. There are nine spacious and tranquil treatment rooms in the spa including a double suite where guests will be able to enjoy a full range of face, body and holistic treatments from ila and haute couture specialist, Anne Sémonin. Blythswood Square's Signature Treatments are centred around a 'Turus' (Gaelic word for journey) which combine the natural benefits of Scotland's purest ingredients including Organic Milk Thistle extract, seaweed and sea lavender, with healing therapies to provide a complete body and mind experience.

The Spa at Blythswood Square also houses a Rhassoul, a choice of wet and dry relaxation rooms and a spa lounge where guests can peruse the spa menu and choose from an array of beautifully presented tapas dishes created by the hotel's award winning Executive Chef, Dan Hall.

Managing Director, Hans Rissmann says: "The Spa at Blythswood Square will be very much a city spa with a real cutting edge feel to it, blending the best spa therapies with fabulous facilities. We will be sophisticatedly Scottish with a touch of contemporary elegance that Glasgow has become famous for".

Blythswood Square is situated in the heart of Glasgow on one of the city's few remaining green space. The hotel has 100 bedrooms including four spacious suites and a top floor penthouse. It also has a restaurant, bars, a private screening room and event facilities. Blythswood Square is one of Scotland's most environmentally-friendly hotels through the incorporation of renewable energy technologies to achieve reduced carbon emissions.



BLYTHSWOOD SQUARE
Glasgow

Blythswood Square spa packages start from £125 for a half day spa visit and from £285 for a one night spa break. For further information telephone 0141 240 1622 or visit www.blythswoodsquare.com.

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Note to editors:

Blythswood Square is part of The Town House Collection, owner of the finest boutique hotels in Edinburgh – The Bonham, Channings, The Howard and The Edinburgh Residence.

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